

# LEIGH RAG

**September 2021**

Leigh Rag is supported by the Leigh Community and compiled and edited by Helen Parkes  
22 Harbour View Rd Ph 021484432  
Please submit contributions **before the 15th** of each month.

Email to [leighragnz@gmail.com](mailto:leighragnz@gmail.com)

Please Note: The Editor of the RAG does not take any responsibility for the contents of items supplied.

**Newsletter for Leigh, Matheson Bay, Whangateau, Pakiri**

**Sponsored by Leigh Community Club,**

**View the Leigh Rag online**

**[www.leighbythesea.co.nz/news-events](http://www.leighbythesea.co.nz/news-events)**

## Rodney Local Board NOTICE

**Lawrie Road Community Recycling Centre** to temporarily close for redevelopment: With support from central government, Auckland Council is undertaking a \$2.4m redevelopment of the Lawrie Road Community Recycling Centre. When Auckland moves to Level 3, the site will remain closed for three working days to prepare to operate under Level 3 restrictions. It will then open for six days from 8:30am - 4pm for rubbish, green waste and scrap metal drop off, before closing for approximately six weeks. While the Lawrie Road site is closed, the Rustybrook Road Community Recycling Centre, 141 Rustybrook Road, Wellsford, will be open from 10am - 2pm Tuesday - Sunday. Thank you for your patience while we undertake these important improvements.





## PEST FREE LEIGH

[pestfreeleigh@gmail.com](mailto:pestfreeleigh@gmail.com)

July continued to be a good month for catching rats, with 94 rats and 43 mice recorded. July also saw us reach a milestone – with the 500<sup>th</sup> rat caught and reported! To celebrate, Leigh Bar generously donated a \$50 voucher to the catcher of rat 500. But that's not the end of the story. Our winner kindly re-donated the prize to acknowledge the hard work of "the proactive organisers of this awesome initiative." To honour this request, we put all the names of our awesome street coordinators into a ballot. Congratulations to Wendy Brown, the lucky recipient! Thanks very much to **Leigh Bar** and to everyone involved for the wonderful support.

Pest Free Leigh was thrilled to be selected as one of eleven community groups nationwide to receive a grant from Predator Free NZ. The Predator Free New Zealand Trust is an independent charitable trust that works alongside a variety of people, all with the common goal of a predator free Aotearoa New Zealand. The Trust's job is to connect with community groups, agencies, iwi, families and individuals and give them support, advice and encouragement to help restore our unique native species.

Lockdowns present different challenges to every one of us. Unfortunately, we are currently unable to visit to drop off traps, but you are encouraged to keep trapping in your own backyard. If you don't yet have a trap and would like to join our collective effort, please let us know and we will put a trap aside for you.

Only around 50% of trappers reported trapping results last month. These reports form the basis of the project, and every report helps. Please add your support by sending your results to your street coordinator, or to [pestfreeleigh@gmail.com](mailto:pestfreeleigh@gmail.com).

Stay safe and Happy trapping!

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## The Great Kereru Count Starts on Sept 17 to September 26



There are two different kinds of observations you can make, either a timed survey or an instant record (chance count). See [FAQs](#) for more information. Once you have made your observation, there are three ways you can get your observations to us. Below are options #1, #2 and #3. Choose one or use them all – whatever works for you! If you are out and about counting kererū make the most of our Quick Observation page (available from the 17 September 2021) or download the iNaturalist phone

app.

For more information on adding your count please see the [“FAQs for the Great Kereru Count 2021”](#) page.

**For COVID-19 health advice and information,**  
contact the Healthline team  
(for free) on [0800 358 5453](tel:08003585453)

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## LEIGH TENNIS CLUB

The Covid-19 Level 4 lockdown forced the postponement of the Leigh Tennis Club AGM which was set down for Sunday 22 September 2021. At this stage no date has been set for the meeting which may need to be held electronically. Further advice will be notified by email to our members and on the Leigh Tennis Club and LoveLeigh Facebook pages.

In the meantime, the Covid shut down has allowed us to enjoy some great tennis from the US Open. The emergence of two young teenage stars – Emma Raducanu and Leylah Fernandez – augurs well for the future of women's tennis. Their stars ascend as the era of Williams sisters fades. In the men's draw, Rod Laver's 52 year record as the only person in the modern era to achieve a calendar year Grand Slam remains intact. Novak Djokovic ran out of puff in the final against Daniil Medvedev.

Locally we are looking forward to warmer weather and longer days – good conditions for tennis in Leigh. If you are interested in joining the Club, contact Marie-Dominique ph 021 490 039 or email [leightennisclubinc@gmail.com](mailto:leightennisclubinc@gmail.com)

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## What's on at the Leigh hall:

Regular bookings:

Monday: Waste Free Leigh Sewing 9.30 - 11.30am

Tuesday: Yoga with Marion 9.30 - 11.00am

Nia class with Amara 5.30 - 6.30pm

Wednesday: Yoga with Kaye 6.00 - 7.00pm

Thursday: Spinning Sun dancing 9.15 - 10.15am

Tap dancing 10.30 - 11.00am

Waste Free Leigh Sewing 9.30 - 11.30am

Friday: Nia class with Amara 10.00 - 11.00am

Saturday: Yoga with Kaye 9.00 - 10.00am

## **LEIGH COMMUNITY PATROL LCP**

Kia ora. Since our August meeting we have had 34 local people sign up and become members of this group.

Each person has gone through a police check and are currently working through 10 easy online training modules to learn about the responsibilities of being a patroller and being part of the Leigh Community Patrol Group.

We have affiliated with Community Patrols of NZ and we are setting up a Trust so we can operate and fund a successful community patrol group. We have a small group of members working on fundraising ideas and how we will fund this operation. We have a local and very visible building to set up as our base and we will require some helpful people to make it usable.

Unfortunately, due to lockdown we are limited in what we can do to keep progressing. However with the online learning happening very quickly as everyone seems to have spare time on their hands at the moment, we expect to be in a position to get things rolling as soon as we can get back to level 2.

When we are able, we will hold our first meeting as LCP and hopefully by then we will have a vehicle and be doing some hands on training with the aim to start some patrolling as summer kicks in. As well as operating a night and day type of visual patrol to deter minor crime within the Whangateau to Pakiri areas, we intend to set up a community support group depending on local needs, working in with other fantastic local community groups, as well as an emergency response type group that has the ability, knowledge and available equipment to support our community and people in times of need. Anyone still interested in joining this group to be involved with patrolling, or if you have other skills or ideas we can use, are welcome to email their interest to: [leigh@cpnz.org.nz](mailto:leigh@cpnz.org.nz) or phone Kevin 021422651 to discuss.



Open Daily from 10am

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# MATHESON BAY NEWS

*Lockdown challenge at Matheson Bay “paint a rock” and add to the pile. The Bay has been very quiet with little traffic, with the absence of the daily swimmers.*



Thanks to Gavin for these photos of the creations on display



**FOR ALL EMERGENCIES**

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Don't waste valuable time trying to find local numbers to call if you need fire, ambulance, police or assistance

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## **BUILDING PLANS & CONSENTS**

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## Waste Free Leigh

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Meeting at the Cumberland Street  
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With the quiet of lockdown and the pest eradication project eliminating predators we are seeing more birds in the area. Remember to take part in the Great Keri Keri count Sept 17 to 26.

# WHANGATEAU HALL

## Music and Events at Whangateau Hall

Whangateau Hall will re-open for groups of 10 or less at Covid Alert Level 3. We can resume somewhat normal activities at Alert Level 2 with groups of up to 40. With some optimism, here is the upcoming music calendar for the coming weeks.

**Mon 27th Sept.** Folk Club Night. Second half special guest: Pete and the Skiffy Rivets. Americana, bluegrass, swing, folk. Email Jenine to request a first half floor spot. Floor spots are 2 songs or 8 minutes maximum. 7:00pm. \$10.

**Sat 2nd Oct.** Gumboot Tango in concert. Four piece folk band from Taranaki specialising in kiwi music. 7:30pm. \$15.

**Mon 18th Oct.** Club night with the Whangateau Folk Radio Hour. Email Jenine to request a first half floor spot. Floor spots are 2 songs or 8 minutes maximum. Second half will be a variety folk radio hour with special guests, sing alongs, interviews, and comedy. 7:00pm. \$10.

Note that We Mavericks on Sunday the 26th have cancelled because they are still locked down in Australia.

The Whangateau Hall and Reserve management committee is looking for new members. We meet 4 times a year. If you are passionate about the hall and reserve grounds and want to have a say in how they are managed,

email [whangateauhallbookings@gmail.com](mailto:whangateauhallbookings@gmail.com) for more information.

Auckland Council is renovating the toilet blocks in the parking lot at the hall. We will have plans posted to our website and welcome feedback from the community.

As always, we shall post updates to the Whangateau Hall Website ([www.whangateau.co.nz](http://www.whangateau.co.nz)) and Facebook Page (<https://www.facebook.com/whangateauhall>).

*Jenine Abarbanel 021 428 568*



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## Leigh Church Services

All denominations and visitors are most welcome to join with us each

**Sunday at 11 am**

There is a prayer meeting every Sunday at 10.30 am.

Children's Ministry enquiries

Ph : Janette 422 6204



*All welcome.*

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## **Forest and Bird COAST CARE GROUP, Leigh.**

With no activity for our group at the moment it is a good time to ponder and celebrate the links between Leigh community initiatives and the environment. Leigh Harbour Valley Society and the Coast Care Group are hugely indebted to the amazing work of the household trappers and street coordinators of Pest Free Leigh. From recent observations they are having a very positive effect on coastal bird populations and skink/gecko populations etc. We have a very active community waste free and recycling group, we have composting workshops, and even stream water quality testers, all contributing to rubbish reduction and improved stream water quality. As well the Whangateau Harbour Care works tirelessly to protect every aspect of our largest local harbour, the Matheson Bay community works to restore their bush and eliminate predators, the Ti Point and Pakiri communities extend their pest control work and the Forest and Bird Kororā Project monitor our local Little Penguin population.

On the education front we are lucky to have Leigh School making an exceptionally strong and ongoing commitment to environmental education and sustainability, both through their learning programme and their practical food production work. Our preschool children also have a strong environmental exposure, and at the other end the Leigh Lab undertakes that invaluable big picture world-reaching oceanic research, right here in our front yard!

Leigh Community Club is an outstanding support for our community environmental projects, both practically and financially and all this work comes down to individuals. The Club committee, the people who turn up to the composting workshops or the planting bees, the walkers who keep their dogs on a lead in the penguin territory, the house-holders who keep cats indoor at night, the teachers, the group conveners, the person who pulls out the mothplant or agapanthus or pampas.

Leigh is a unique physical environment, but it's also pretty unique to live in a village and district so committed to protecting the wonderful place that we have. In this funny old world right now, what a great thing to feel good about!!

*Neil Sutherland*

DOC <https://www.doc.govt.nz/nature/pests-and-threats/weeds/>

Weeds are smothering our native plants and destroying our native landscapes.

### **Weed Trees and shrubs (woody plants)**

Weeds that are trees or shrubs grow over or replace other plants.

Weed trees include holly, tree privet, sycamore, wattles, willows, and wilding pines.

Examples of weed shrubs are barberry, boneseed, broom, buddleia, cotoneaster, gorse, heather and privet.

### **Weed Herbs (non-woody plants)**

Herbs or perennials are non-woody plants. They can grow over small plants, crowding and preventing the regeneration of native seedlings.

Examples include Chilean rhubarb, montbretia, Mexican daisy, pampas, purple loose-strife and wild ginger

Weeds can grow in aquatic habitats, eg oxygen weed that grows in lakes.

### **Weed Vines**

Vines climb and scramble, smothering trees and forest canopies.

Examples include banana passionfruit, bomarea, Chilean flame creeper, climbing spindleberry, ivy, Japanese honeysuckle, old man's beard, mothplant and wonga wonga vine.

## What's Going on around here?

If you have an event coming up, send an email to [leighragnz@gmail.com](mailto:leighragnz@gmail.com) and it can be included in this monthly notification

<i>What Date</i>	<i>What is it</i>	<i>When</i>	<i>How much</i>	<i>Where</i>
Sat Oct 2	School holidays begin			
Fri Oct 15	Kowhai singers	TBC		Leigh Hall
Mon Oct 18	School Term begins			
Mon Oct 25	LABOUR DAY			NZ

## This is your platform

Do you have an event, activity or notice for the community?

Please let us know by emailing [leighragnz@gmail.com](mailto:leighragnz@gmail.com) for inclusion in the next edition on the Calendar or an item to be considered for publication. Our Stories are important as our unfolding history of life in the region.

### Helpful Contacts

*For all emergencies dial 111 and ask for police, ambulance or fire*

**Auckland Council** 09 301 0101 toll free

**Auckland Transport:** public transport enquiries 0800 103 080

**Healthline** 0800 611 116 for 24-hour medical services

**Graffiti Coordinator** – Lionel Anderson 021 795 306 call or txt with location of graffiti

**Lifeline Helpline** Call 0800 543 354

**Northlink Health** enquiries for Home Help Ph 0800 425 999

**North Shore Hospital Emergency Care** 0800 809 342

**Orca Hotline** Call 0800 733 6722 to report orca sightings.

**Police Non Emergency** Dial 105 theft, vandalism, shoplifting, lost property, stolen cars, drugs etc. or 0800 105 105

**Warkworth Police Station** 09 425 8109 8am-4pm Mon - Fri

**Shorecare Accident & Medical:** 24/7, Sovereign House, Smales Farm

**Takapuna National Poison Centre:** 24 hrs advice 0800 764 766

## Reporting Community Problems and Safety issues.

We notice complaints on local social media about local issues, that can be dealt with by going direct to the **Auckland City Council** who have a range of ways for you to report a problem They cover Maintenance of public facilities or spaces, Transport parking and roads, Environment and Marine pollution, Illegal rubbish dumping, Graffiti, noise pollution, wandering dogs and marine vessel incidents. These can all be reported online at <https://www.aucklandcouncil.govt.nz/report-problem/Pages/report-a-problem.aspx> or you can phone 09 301 0101 Hotline 24 hours, 7 days

For Illegal fishing [ncc@mpi.govt.nz](mailto:ncc@mpi.govt.nz) ph:0800 4 POACHER (0800 47 62 24)

Report a road incident or unsafe driver – \*555 and Roadwatch

<https://www.police.govt.nz/advice/driving-and-road-safety/report-road-incident-unsafe-driver>

**No matter where you are in NZ, 111 is the number to call to report a water rescue to Police.**

## COVID-19 vaccines

**If you are aged 12 or over, you can book your free COVID-19 vaccination now. It does not matter what your visa or citizenship status is.**

You can book on behalf of someone else — or help them with their booking — if you have their permission.

The plan is that everyone over 12 will be able to be vaccinated by the end of the year .

You can book online through

<https://bookmyvaccine.covid19.health.nz/>

You can book over the phone by calling the COVID Vaccination Healthline on [0800 28 29 26](tel:0800282926).

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## Community Directory

**Forest & Bird Coast Care Group** - a community initiative to restore reserves and bush areas through monthly weeding and planting bees - Neil Sutherland 422 6001

**Leigh Badminton Club** - Anyone interested in re-starting this club call Dennis Humphrey 422 6625

**Leigh Bowling Club** - to foster fellowship and the game of bowls. New members welcome. President Biscuit McLean 027 590 4829 or Secretary Ian Bradnam 021 423144

**Leigh Business Community** - meets 3<sup>rd</sup> Wednesday of month - Jan Scott 422 6681  
[LeighbytheseaNZ@gmail.com](mailto:LeighbytheseaNZ@gmail.com) or [www.leighbythesea.co.nz](http://www.leighbythesea.co.nz)

**Leigh Cards 500** - 1pm - 3.30pm Tuesday, Leigh Bowling Club, all welcome, \$3.00

**Leigh Cemetery Trust** - Secretary Diti Hill-Dene 027 2777 594

**Leigh Church** - Church Hall bookings please Phone (09) 425 8054

**Leigh Community Club** - meets quarterly, Anzac Day Service, Interesting speakers, council communication, care of walkways, beaches and more.  
[leighcommunityclub@gmail.com](mailto:leighcommunityclub@gmail.com) President Guy Parkes 021352588

**Leigh Community Preschool** - 422 6516 [www.leighpreschool.co.nz](http://www.leighpreschool.co.nz)

**Leigh Girl Guides, Brownies & Pippins** - Fay Bradnam 021 0279 0161

**Leigh Hall** - Bookings / enquiries phone Lynn Mellsopp 027 2868 625 or email [leighhallauckland@gmail.com](mailto:leighhallauckland@gmail.com)

**Leigh Harbour Valley Society** - 422 6880 [www.leighharbourvalleysociety.org.nz](http://www.leighharbourvalleysociety.org.nz)

**Leigh Library** - 'The Cottage' opposite Leigh Store Tue 2-6pm, Wed 2-4pm, Thur 11am -1pm Sat 9am -1pm. Librarian Tracey Lawton 021 825 818 / 422 6944

**Leigh Penguin Project** 0211671524 or email [leighpenguins@gmail.com](mailto:leighpenguins@gmail.com)

**Leigh School** - 422 6031 [www.leigh.school.nz](http://www.leigh.school.nz)

**Leigh Tennis Club** - [leightennisinc@gmail.com](mailto:leightennisinc@gmail.com)

**Leigh Walking Group** - meets Mondays at 9.30am for interesting walks throughout the Rodney, Kaipara and Auckland regions. Valda Paddison [paddis@xtra.co.nz](mailto:paddis@xtra.co.nz)

**Leigh Women's Bowling Club** - meet Tues, Oct -April, for friendly bowls. New members very welcome. Bev Cassidy 4226599

**Matheson Bay Neighbourhood Assn** - via committee on [mathesonbayassn@gmail.com](mailto:mathesonbayassn@gmail.com)

**Pakiri Community Landcare Group** - Frankie 021 688 997 or [nick@nickmolloy.co.nz](http://nick@nickmolloy.co.nz)

**Pakiri Tennis Club** Contact Linda Taylor (Secretary) on 021 242 7459

**Pest Free Leigh** [pestfreeleigh@gmail.com](mailto:pestfreeleigh@gmail.com); [www.facebook.com/groups/pestfreeleigh](https://www.facebook.com/groups/pestfreeleigh)

**Plunket** meet 1st Monday of month Leigh Church Hall Contact Adele 0272901915

**Rodney Rams** Secretary Amy Weller 021 138 1407 [rodneyrans@outlook.com](mailto:rodneyrans@outlook.com)

**Tawharanui Open Sanctuary Society Inc. (TOSSI)** - [www.tossi.org.nz](http://www.tossi.org.nz) Secretary Karyn Hoksbergen 09 585 1315 email [secretary@tossi.org.nz](mailto:secretary@tossi.org.nz)

**Whangateau Acoustic Music & Social Club** - [www.whangateau.co.nz](http://www.whangateau.co.nz)

**Whangateau Neighbourhood Support** - Sharyn Carew [sharyncarew@vodafone.co.nz](http://sharyncarew@vodafone.co.nz)

**Whangateau Residents & Ratepayers Assn** - meets 7.30pm, 2<sup>nd</sup> Tuesday of month at Whangateau Hall. Audrey Sharp 422 6209 or Hugh McKergow 422 6219

## JUSTICES OF THE PEACE & CELEBRANTS

**JP** - Fay Bradnam 422 6038

**JP** - Jon Everest 021 354 708

## FACEBOOK

**Leigh Community Club** - [www.facebook.com/Leighcomm/](https://www.facebook.com/Leighcomm/)

**Love Leigh** - [www.facebook.com/groups/LoveLeigh/](https://www.facebook.com/groups/LoveLeigh/)

**Leigh by the Sea** - [www.facebook.com/pages/Leighbythesea/251994924849626](https://www.facebook.com/pages/Leighbythesea/251994924849626)

**Leigh Historical Photographs NZ** - [www.facebook.com/groups/739949979454558](https://www.facebook.com/groups/739949979454558)

If your club or group does not appear, please advise the editor.





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# LEIGH COMMUNITY CLUB

## Lockdown in Leigh Covid 19 Review 2020-21

Somewhat sadly I find myself writing the Leigh Community Club monthly update for the Leigh Rag during a Covid19 level 4 lockdown. Hopefully with Vaccinations in full swing this will be the last Level 4 Lockdown needed.

If it is, then the Leigh Rag September edition will capture the spirit of lockdown and will become an important historic archive to be filed in Warkworth Museum and in family cupboards to show our Leigh children what the community was like when they spent their formative years Locked Down in Leigh

### Covid 19 Timeline (Source wikipedia)

**On 28 February 2020**, New Zealand confirmed its first case, a woman in her 60s

On 29 March 2020, New Zealand also reported its first coronavirus-related death, a woman in her 70s

On 21 March, 2020 the Government introduced a four-tier alert level system, which placed much of the country's population and economy into lockdown from 25 March.

By 31 July 2020, there were 20 active cases (all resulting from overseas travel) following 102 days of no community transmissions

On 4 September 2020, after 98 days with no deaths, the country's 23rd death from COVID-19

**On 25 January 2021**, New Zealand identified its first community spread case of COVID-19 since November 2020

By 31 March 2021 there were 72 active cases in managed isolation, bringing the total number to 2,497

On 17 August 2021 the Ministry of Health announced one new community case of COVID-19 in Auckland. The Government moved the country into Alert Level 4 effective 11.59pm 17 August 2021

Today the 15/09/21 Leigh is still in Lockdown. The govt forecasts a possibility of level 3 for Auckland Tuesday the 21/09/21

How did Leigh and its families and volunteer community respond.

This is where you fill in the story, for everyone it is different and every story is unique and worth telling.

If you want to tell your personal story and how the Leigh community enriched your life please write your story in an email to yourself and your family and copy Leigh Rag. Email: leighragnz@gmail.com.

Include any photos or videos that help tell your story. LCC will look at compiling and distributing this as a Leigh Historic Archive

Covid 19 is the biggest and most impactful black swan event since WWII.

Lets record it for future generations.

Guy Parkes Chair Leigh Community Club





## LITTLE BLUE PENGUINS – KORORĀ

Bird monitoring has been almost nonexistent during Level 4 lockdown, but yeah, we do know that we have our first chick for the 2021 season - a gorgeous ball of charcoal fluff, warmly snuggled by its parent, very active and very vocal! We're aware

of at least nine active nests, so eagerly await the time when we can get back to proper and regular monitoring.

Our group works with the NZ Penguin Initiative, a national body which coordinates penguin research, and our data is available to them. Being bound by the Wildlife Act, we are not allowed to physically interact with the birds without specific training. In fact only two of us are designated to open the penguin boxes. So what do we monitor? We look for signs that birds are using a site and also use trail cameras and burrow scopes to record the presence and movements of birds so we can keep an eye on their activity. As with last year, the birds mainly prefer natural nest sites, and these are extremely difficult to find and usually in very inaccessible places. But looking for them requires clambering around our glorious coast and keeps us fit, so we don't complain.

Our project extends around the coast from Ti Pt to Te Hawere-a-Māki / Goat Island. An initial grant from the Leigh Community Club got us going and we have ongoing support from DOC and Auckland Council. The project is a Forest and Bird Mid North Branch initiative.

*Neil Sutherland.*



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**\*Member Broker of PSC Connect Steadfast Group**

## Leigh Hall

The Leigh Hall is closed during Covid-19 Levels 4 and 3, and will be able to re-open once we reach Level 2. Please note that Level 2 restrictions currently only allow a maximum of 50 people for any indoor gathering, and social distancing rules and/or mask use may be required. Family gatherings and community events planned in the next month or two can only go ahead taking the appropriate Level restrictions into account and only in Levels 2 or 1.

But planning is underway for a couple of upcoming events to be confirmed: Something crafty, something fast-moving and fun, and hopefully a wee fun competition.

Thank you to everyone for keeping an eye on the hall - we appreciate knowing about open windows, overflowing gutters, strange noises and anything looking different.

Please keep filling the can cages with your aluminium cans - this is a small but regular fundraiser for the hall committee.

Bookings and enquiries to [leighhallauckland@gmail.com](mailto:leighhallauckland@gmail.com) or ph Lynn 0272868625

### Waste Free Leigh

Recycling collection receptacles at the  
Leigh Hall

Cumberland Street car park.

Remember to:

**Refuse, Reduce, Reuse, Repurpose,  
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# Leigh Volunteer Fire Brigade

The brigade has had a relatively busy month of incidents even though the region has been as Alert Level 4 for almost half of it. There were a total of 9 incidents with false alarms in Whangateau and Pakiri, a car fire in Pakiri, traffic control for downed power lines in Leigh, and five medical responses all in Leigh.

A big thankyou to our community for staying safe, healthy and doing the right things during this Level 4 lockdown as it minimises our response call numbers and the contact our members have with any potential COVID contacts.

We are the same as everyone else and have to stay in our family bubbles but we also need to stay available for emergency callouts, so we have split into two response team bubbles, rotating weekly so if we did get contaminated then we won't have to step all of the brigade down to isolate at once.

This is a big issue for us obviously and that is why you will see us responding in full PPE including our medical responders wearing protective gowns, masks, gloves and goggles.

Please remember that you only come to the fire station to use the emergency siren activation switch between the engine bay door in a **LIFE**

**THREATENING** situation when you are not getting the response you want from the 111 call centre. Always call 111 first and it is up to them to call us to respond in a medical emergency if they see fit.

Daylight savings is coming up on 26th September. This is a great time to test and change the batteries in all of your smoke alarms to ensure everything is working correctly.

## THIS MONTH'S WINTER FIRE SAFETY MESSAGE

Did you know that 1 in 4 house fires start in the kitchen? Here are a few tips to reduce the risk of a fire starting in the kitchen:

- Don't drink and fry - Alcohol is involved in half of all fatal fires
- Don't leave the room while cooking - nnattended cooking is the leading cause of house fires
- Keep a clean and safe kitchen - this prevents flammable fat and grease from building up, especially around your stove
- Keep a fire extinguisher in or close to your kitchen and make sure you know how to use it

For more information refer to <https://fireandemergency.nz/at-home/in-the-kitchen>

Paul Smith / Brigade co-secretary



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**At the time of Publication we are in Alert Level 4**

## **COVID-19 symptoms**

**Common symptoms of COVID-19** are like those found with illnesses such as a cold or influenza. You may have one or more of the following:

- new or worsening cough
- sneezing and runny nose
- fever (at least 38°C)
- temporary loss of smell or altered sense of taste
- sore throat
- shortness of breath

**Less common symptoms of COVID-19 may include**

- diarrhoea,
- headache, muscle aches,
- nausea, vomiting,
- malaise,
- chest pain, abdominal pain,
- joint pain
- confusion/irritability.

These almost always occur with one or more of the common symptoms. Symptoms tend to arise around two to five days after a person has been infected but can take up to 14 days to show. The virus can be passed onto others before they know they have it – from up to two days before symptoms develop.

### **Where to get help**

If you think you have COVID-19 call **Healthline** on [0800 358 5453](tel:08003585453) 24 hours a day, seven days a week, or talk to your doctor.

Ref: <https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-health-advice-public/about-covid-19>

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# LEIGH VOLUNTEER LIBRARY

Situated in The Cottage opp General Store

OPEN: Tuesday 2pm-6pm

Wednesday 2pm-4pm

Thursday 11am-1pm Saturday 9am-1pm

Kia Ora

We look forward to seeing you all again when Level Two arrives and the library can re-open. Initially we will be open longer hours than usual for you to restock your reading supplies. Level 2 protocols will have to be followed: don't come if you are unwell; you must sign-in (QR +/- manual), wear a mask, sanitise hands; no children, numbers in at a time limited, 1m distancing inside.

Plenty of new books will be waiting for you. In *The Cellist* (Daniel Silva) an Israeli spymaster enlists a beautiful musician to expose corruption in the Kremlin; Lionel Shriver's 'rollicking page-turner' *Should we stay or should we go* explores multiple possible futures for eighty-year-olds Kay and Cyril; and 'poignant and witty' novel *The Black Dress* (Deborah Moggach) follows not-so-young Pru's misadventures as a serial funeral crasher in search of a fresh widower.

New non-fiction highlights sea voyages in *Men without country*, 'the whole story' of the mutiny on the Bounty, by Harrison Christian (yes, a direct descendant of Fletcher Christian), and *Madhouse at the end of the Earth*, Julian Sancton's retelling of the harrowing 1897 Antarctic voyage of the 'Belgica'.

Jenny Stewart (for Tracey)



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## Homebuilders Family Services

Tena koutou,

As we head into another week of Level 4 lockdown, Homebuilders Family Services are available for family support and advocacy.

Our phone is checked every day between 9 - 12 pm. (09) 425 7048  
Other numbers that are helpful, confidential, and run by trained counselors are;

0800LIFELINE or you can text HELP (4357)

Suicide Crisis Helpline – 0508 828 865

Healthline – 0800 611 116

Depression Helpline – 0800 111 757 or free text 4202 or

email [www.depression.org.nz](http://www.depression.org.nz) which includes The Journal online help service.

Anxiety NZ – 0800 269 4389 (0800 ANXIETY).

Alcohol and Drug Helpline – 0800 787 797

Gambling Helpline – 0800 654 655

Women's Refuge Crisisline – 0800 733 843 (0800 REFUGE)

**For Youth, services include;**

Youthline 0800 376 633 or Free text 23

[thelowdown.co.nz](http://thelowdown.co.nz) – or email [team@thelowdown.co.nz](mailto:team@thelowdown.co.nz) or free text  
5626 What's Up – 0800 942 8787 (for 5–18 year olds).

Phone counselling is available

Monday to Friday, 12noon–11pm and weekends, 3pm–11pm.

*Noho haumarū*



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# Leigh Business Community

The Leigh Business Community is a local business support and promotion group. Please support our local businesses and recommend them to family and friends.

In our area we have accommodation options, a choice of places to eat, local service providers and many activity options. There is something for everyone!! Due to the Covid19 situation the AGM advertised last month was postponed and is now being held 'virtually' on Weds 15 September. For any information please email [LeighbytheseaNZ@gmail.com](mailto:LeighbytheseaNZ@gmail.com)

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## THE LEIGH COMMUNITY CLUB 100 Club RAFFLE Results

Due to Covid19 Level 4 restrictions the Draw has not been held. The Community Club will catch up on draws when we are able to. Notice of time and date will be on the fb pages for loveleigh and the Leigh Community Group page followed by results.

## NOMINATE A LOCAL GOOD SORT



The Leigh Community Church has run the Good Sorts column since 2013. Many fantastic locals have been the Good Sort of the month over the years but there are others out there who also deserve the award. If you know someone like this who has not yet been nominated, please write in a few words their good deed or thoughtfulness, including their name, address and phone number and drop it into the Leigh General Store in an envelope marked "Good Sort" or email the Editor at [LeighRagNZ@gmail.com](mailto:LeighRagNZ@gmail.com).

***The person considered most deserving will receive home baking courtesy of Leigh Community Church.***

## GOOD SORTS

Good sorts for this month are those great folk at Leigh Motors: Azar, Paul and Jackie. They continually go that extra mile to deliver exceptional service under difficult conditions.

We at the Leigh Rag agree. Some baking will be coming your way. Contactless delivery.

## REMINDER



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